



Foster Families Session 7

Self evaluation questions

1. If children were separated by their parents in a sudden and traumatic way they are likely to experience:
 - a. detachment and indifference towards caregivers, because they do not trust them anymore
 - b. a balanced attachment pattern towards any caregivers, just because they value the presence of a caregiver
 - c. a hyperactive attachment system, with an excessive fear of separation
 - d. none of the above

2. Children tend to leave the attachment pattern they started with their biological parent and adapt to the new caregivers' ones if they are:
 - a. younger than three
 - b. older than three
 - c. older than 21 months
 - d. younger than 21 months

3. If children stop crying and protesting when they do not receive care and attention:
 - a. it means they are healing and relaxing
 - b. it means that their attachment system stopped and they surrendered to a state of depression and withdrawal
 - c. it is hard to tell what it means, it depends on the child
 - d. it means they do not like the caregiver, and they are happy not to receive attentions from him/her

4. Activities that can help children overcome a loss are:
 - a. encouraging physical contact
 - b. being expressive and emotional
 - c. making sure that a child is taken care by the same caregiver (as much as possible)
 - d. all of the above

5. Helping children to overcome a loss means:
 - a. helping them becoming able to have no reaction when the caregiver leaves
 - b. helping them becoming able to be happy when the caregiver leaves
 - c. making sure they panic and cry when the caregiver leaves
 - d. helping them avoiding excessive reactions when the caregivers leaves