



## Foster Families Session 4

### Self evaluation questions

1. Babies activate attachment behavior because:
  - a. they die if they are not looked after by a caregiver
  - b. they want to be centre of attention
  - c. they are spoilt
  - d. they get bored
  
2. The exploration system activates
  - a. only if the child is given a secure base
  - b. only if the child was not given a secure base
  - c. randomly
  - d. only when child develop unbalance attachment behaviors
  
3. Attachment behavior is developed by:
  - a. all animals
  - b. all mammals
  - c. humans, only
  - d. no animals
  
4. Foster parents should teach the child separation:
  - a. gradually, by leaving for a while and teaching the child that he/she is there anyway
  - b. suddenly, leaving the child alone
  - c. only when the child is old enough
  - d. by replacing him/herself with a different caregiver
  
5. When babies experience a healthy attachment behavior, they tend to:
  - a. be happy when the caregiver leaves
  - b. panic and become desperate and hopeless when the caregiver leaves
  - c. be sad when the caregiver leaves, but only for a while
  - d. show no reaction when the caregiver leaves