



Foster Families Session 2

Self evaluation questions

1. In order to prepare to receive a child, a foster family should:
 - a. prepare the room and practical arrangements for the newcomer, this is enough
 - b. make practical preparations and make mental preparation for how to help the child become included in the family
 - c. the foster parents should avoid to involve other people (component of the family, etc) in the preparation because it could become too confusing and with too many different points of view
 - d. the foster parents should call experts to support them in telling the friends about their choice, only they know what to do in detail and correctly

2. What can be important to do within the family before receiving a child:
 - a. involve all the family and good family friends or people important in the family life . Discuss with them to understand the values in the family
 - b. everything will come out easily and naturally, so there is no need to get prepared
 - c. a one hour discussion within the family will be more than enough
 - d. finding the ways to make the days of the new child as full as possible of things to do in the house

3. In relating with people outside the family, the foster parents should:
 - a. tell them about the decision of becoming a foster family only if they ask, the less people knows, the better it is
 - b. try and use any social occasion for bringing up the subject of the decision to become a foster family, explaining why you came to that decision and sharing your happiness of the choice
 - c. people not very close to the family should not be told about your decision
 - d. public authorities will be responsible to communicate your decision to the society

4. Preparing a list of persons in the network:
 - a. can be dangerous because you should be the only responsible for the task of being foster parents and you cannot involve others for further support
 - b. is an occasion for identifying the ones who have negative attitudes toward your new role of foster parents and avoid to face them anymore
 - c. can be useful for taking note of who has been identified as having a positive attitude towards the foster care situation and reflecting on how to use them as resources to help you
 - d. means considering the people of the public administration involved in the process of becoming a foster parents. They should be considered the only external network for possible support



5. If there are people with negative attitudes toward foster care or with prejudices against foster children:
- a. it could be better to avoid any kind of further contact with them
 - b. strongly arguing will make them understand that you are right about your choice
 - c. don't start a conflict, just listen to them or say that you understand and that this may change when they meet the child
 - d. you should not worry about them, if you don't consider them, they will never be able to influence your situation or your child well-being